

Normal Childhood Development Milestones

Age	Physical Development	Motor Development	Cognitive Development	Language Development	Social Development
0 - 1 Year	<p>Put everything in mouth</p> <p>4months sits with support</p> <p>8 months stand</p> <p>9months crawls , & fear of falling</p> <p>12months pincer grasp</p>	<p>4wk follow objects to mid line</p> <p>Grasp toys with one hand</p> <p>5 months feet in mouth</p> <p>Rattles and bangs</p> <p>6month passes toys from one hand to other</p>	<p>Sensation and movement</p> <p>Schemas</p> <p>Assimilation & accommodation</p>	<p>4months laughs aloud</p> <p>8 months repetitive responding</p> <p>10 months ma-ma,da-da</p>	<p>Parents are the central figure</p> <p>Issues of trust are key</p> <p>9 months Stranger anxiety</p> <p>Exploratory and solitary play</p> <p>10 months pat a cake, peek-a-boo</p>
1 to 2 Years	<p>13 months walks</p> <p>18 months right or left handed</p> <p>18 months climbs stairs alone</p>	<p>Kicks & throws ball</p> <p>Pats pictures on book</p> <p>18 months stacks 3 cubes</p>	<p>Achieves object permanence</p>	<p>Telegraphic sentences</p> <p>2 word sentences</p> <p>Use 250 words vocabulary</p>	<p>Dependent on parent</p> <p>Favorite word is No</p> <p>Imitates</p>
2 to 3 Years	<p>High activity level</p> <p>Walks backwards</p> <p>Unscrews jar and turn door knob</p> <p>Scribbles with crayon</p>	<p>30 months on tiptoes</p> <p>Throw ball</p> <p>24 months stacks 6 cubes (yrsx3)</p> <p>Draws Circles (3 years)</p>	<p>A world of objects</p> <p>Can use symbols</p> <p>Transition objects</p> <p>Strong ego</p> <p>Concrete use of objects</p>	<p>Great variation in timing</p> <p>Language development</p> <p>Use of pronouns</p> <p>Parents understand more</p>	<p>Selfish & self centered</p> <p>Imitates mannerisms & activities</p> <p>May be aggressive</p>
3 to 4 Years	<p>Rides tricycle</p> <p>Goes upstairs with alternative feet</p> <p>Toilet train both bladder & bowels</p> <p>Draws recognizable figures</p>	<p>Catches ball with arms</p> <p>Stacks 9 cubes (yrs x3)</p> <p>Cuts paper with scissors</p> <p>Unbuttons buttons</p> <p>Draws Cross (4 years)</p>		<p>Complete sentences</p> <p>Uses 900 words</p> <p>Understands 4x</p> <p>Understand by strangers</p> <p>Recognizes common objects in pictures</p>	<p>Fixed gender identity</p> <p>Sex specific play</p> <p>Takes turns</p> <p>Knows full names and gender</p>