# First Up **Professional Development**

Let us help you with Professional Development to meet STARS standards.

https://www.firstup.org/signature-programs/

## STARS 3.4.3- Effective **Teaching Practices Across All Content Areas**

- Emergent Literacy
- **Emergent Literacy for Infants** and Toddlers
- Let's Get Physical
- More than Numbers: Math
- STEAM: Out of the Box Ideas for Early Learners
- STEAM: Out of the Box Ideas for Infants and Toddlers
- Supporting Infant and Toddler Language Development



### 3.4.4- Social and Emotional **Development**

- Attachment: The First Year
- Being Trauma Informed: **Understanding Social Emotional** Development Support for our Children
- Building Relationships with infants and toddlers
- Building Spaces for Positive Discipline
- Creating High Quality Supportive **Environments to Promote Positive Behavior**
- Designing Intentional Environments to support Social Emotional Learning
- Implementing and Supporting Social and Emotional Development
- Supporting Infant and Toddler Challenging Behaviors with Interactions and Environments
- Supporting Students Social and **Emotional Development with** Mindfulness and Meditation
- Supportive Responses to Challenging **Behaviors**

#### 3.4.5- Positive Interactions

- Communicating about Conflict with Children and Parents
- Positive Interactions for Strona Relationships

**Learn More about Specialized Training** Opportunites on the First Up website:

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# 3.4.9- Supporting Children with disabilities and other at-risk groups

- Inclusion with Intention
- Reflecting on Warm, Inclusive Classrooms

**Contact Nancy for the full** catalog of First Up trainings at nancy.nicewonger@firstup.org

# **Contact Us**

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